

Implementation Plan PhD Training Amsterdam Movement Sciences Research Institute

1. Mandatory courses¹ / education

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| a. Course on scientific integrity: E.g.: Research Integrity (2 ECTS) or Research Ethics (3 ECTS) or another relevant course on the topic; | 2 (minimum) |
| b. Research Methods, e.g.: Advanced methodology (BEW RMA), Statistics (EpidM) or another course on the topic. | 1 (minimum) |
| c. Writing a Data Management Plan ² | 1 |
| d. Any relevant course on: transferable skills / Doctoral School | 1 (minimum) |
| e. Congress visits (1 ECTS without paper/presentation, 2 ECTS with) (including the AMS Annual Research Meeting) | 1 (minimum) |
| f. Other AMS Events and activities / colloquia (8 colloquia = 1 ECTS) | 1 (minimum) |

2. Elective (mandatory) courses

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| a. Guidelines and Regulations for medical research (BROK course) (compulsory for PhD candidates performing clinical research on patients) | 1 (minimum) |
| b. Laboratory animal Sc. (compulsory for PhD candidates performing experiments on animals) | 2 (minimum) |

3. Elective parts

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| a. Work visit to another institute (abroad) (max 3 ects) | as agreed |
| b. Specific training at hospital/health centre | as agreed |
| c. Specific professional courses (to be decided upon by PhD candidate and supervisor, (see also courses from the RMA Human Movement Sciences or from the UMC Doctoral school) | as agreed |
| d. Any transferable skills courses (e.g. transferable skills or courses from the Doctoral School). To be decided upon by the PhD candidate and supervisor | as agreed |
| e. Grant writing (recommended for PhD candidates who want to pursue a career in academia) | 1 (minimum) |

ECTS credits

The training program enlists a total of 840 hours (30 ECTS credits), which is in agreement with the criteria set by the university. The education program includes courses and visits to conferences as well as training and guidance by the supervisors.

The 30 ECTS credits should be distributed according to the following directive;

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| • Courses | 15 ECTS points (range 12-18) |
| • Congresses and symposia, work visits abroad | 7 ECTS points (range 4-10) |
| • Training on the job* | 8 ECTS points (range 6-10) |

*The training on the job may include any of the following: supervision by (daily-)supervisor, colloquia within the department or from AMS, teaching activities to MA/BA students (std. 0,5 ECTS per student), lectures given to a professional or layperson audience, participation in committees (1

¹ PhD candidates may take a course without completing the exam. In that case 75% of the ECTS may be counted towards the PHD training track, and a certificate of attendance must be uploaded to HF.

² Compulsory for PhD candidates who start their PhD trajectory per 1/9/2019 or later.

ECTS per committee), the organization of congresses, act as a [KNGF PEDro rater](#) and other misc. activities considered relevant.

Training plan

All PhD candidates must complete the Training Plan. The planned courses, any visits to congresses and planned colloquia, as well as the frequency and extent of the training and supervision the PhD candidate will receive from his/her supervisors, should be listed the plan.

Exemptions

The PhD candidate may be granted exemptions to mandatory courses if s/he has followed a similar course earlier or if s/he has gained the knowledge in another way. S/he may also be exempted from courses, conference visits and training based on earlier relevant training and/or work experience, providing this is not older than 5 years prior to the start of the PhD track. To apply for exemption, the PhD candidate should, together with the supervisor submit a written, signed request, detailing the course, the ECTS provided and any further relevant information. All PhD candidates, also those working outside VU/VUmc, should complete a PhD plan in which possible exemptions are described.

Portfolio

The PhD candidate should keep a list of the attended activities and at the end of the PhD track update the portfolio (of the completed activities, the credited ECTS, dates and venues) in the Hora Finita PhD registration system. If this is not in order, the PhD candidate may not proceed to defend the PhD thesis.

Updated 03/04/2025.