



## APH Junified 2022

### Program and speakers

Time	Content	Facilitator
13:00 - 13:30	Walk-in and registration	
13:30 - 13:35	Plenary opening of the event	Dionne Kringos
13:35 - 14:05	Keynote: 'The importance of mental strength'	Dai Carter
14:05 - 14:30	Q&A	Dionne Kringos
14:30 - 15:30	Interactive networking intermezzo	
15:30 - 16:30	Workshops	
	A. 'Lifestyle and Stress'	Eva Cornet
	B. 'Performing under Pressure'	Thijs Wagenaar
	C. 'Impact with Science'	Liesbeth Smit
16:30 - 17:00	Award ceremony & plenary closing	Dionne Kringos
17:00 - 18:00	Drinks & Appetizers	