

Dear local postdoc- and young faculty network (s),

In this newsletter, we update you on our activities and ask for your feedback on postdoctoral researcher-matters.

Please do not hesitate to contact [us by email](#).

PostdocNL is looking for new Board members

Are you interested in representing and serving the interest of (international) postdoctoral researchers in the Netherlands? **Then join our board!**



PostdocNL – Local Network meeting – Meet other postdoc networks in NL

To serve the interest of postdoctoral researchers in The Netherlands, we need input on the postdoctoral perspective from all universities and faculties. Therefore, we will organize joint online meetings for boards of local postdoctoral/ young faculty networks to discuss postdoctoral matters in order to report back to policy makers including UNL, NFU and Min. of OCW.

The first joint online meeting will be on: [Monday November 7th from 12.00-13.00](#)

Agenda points:

- New funding instruments: Starters- and stimulations scholarships
- Postdoctoral involvement in Participation council (medezeggenschapsraad)
- Diversity and inclusion, involving international postdoctoral researchers
- Open discussion

Mental health early career researchers

Issues including job insecurity, high work pressure and extensive workload in combination with lack of proper career guidance severely impacts mental health of early career researchers.

NWO, together with UNL and NFU is working on a **working group to monitor and address the mental health of young researchers**. The first meeting is planned September 22nd.

To contribute to this discussion on behalf of (international) postdoctoral researchers in The Netherlands, PostdocNL would like to have **your input (examples, situations, solutions, ideas, frustrations** etc.). Therefore, please send us an [e-mail](#) with your input, so we can discuss these in the working group.

Starting- and stimulation funds

There are new funding tools for early career researchers (starting- and stimulation grants).

These grants will be available for all universities and faculties: for details on allocation of these funds, please contact the Research Support Office at your institute.

Let [us know](#) how these instruments have been implemented in your institute, and whether your local network has been involved in the process of determining the distribution of the funds.

Upcoming events

Date	Event	Location	Organized by
19 – 23 Sept	National Postdoc Appreciation Week (PAW) 2022	Join online: PAW Germany PAW UK	Let us know your activities