Public Health and Care Research Leadership Programme

Starting points

- Two year programme, starting in July 2023
- Intake assessment/interview
- Experiential learning with elements of theory
- Two 2,5 day modules per year (spring and fall)
- Participants build their own Leadership Development Portfolio
- Experts in the field of public health and care research as teachers
- Registration fee for the total program: €8,500,-
  (Overnight stays (€80-€125 per night) are not included)

Learning goals

- Being able to lead yourself and others
- Developing an entrepreneurial mindset and creativity
- Building effective teams and skills to navigate the network
- Knowing how to lead change

Target group

- Post-doc researchers >5 years experience
- Who have the ambition to improve their knowledge and skills to become leading researchers in public health and care research

Selection criteria

- ✓ Several years experience with leading a group of researchers
- ✓ Research track record as evidenced by publications
- ✓ Current and future research activities
- ✓ Motivation letter direct supervisor
- ✓ Motivation letter participant
- ✓ Two reference letters

Programme elements

- Individual coaching
- Modules
- Mutual learning groups
- Inspirational content between modules

Public Health and Care Research Leadership Programme

Assessment Interview

March 2023
Intake 1x

July 2023
Module 1

September - October 2023
Mutual Learning Group

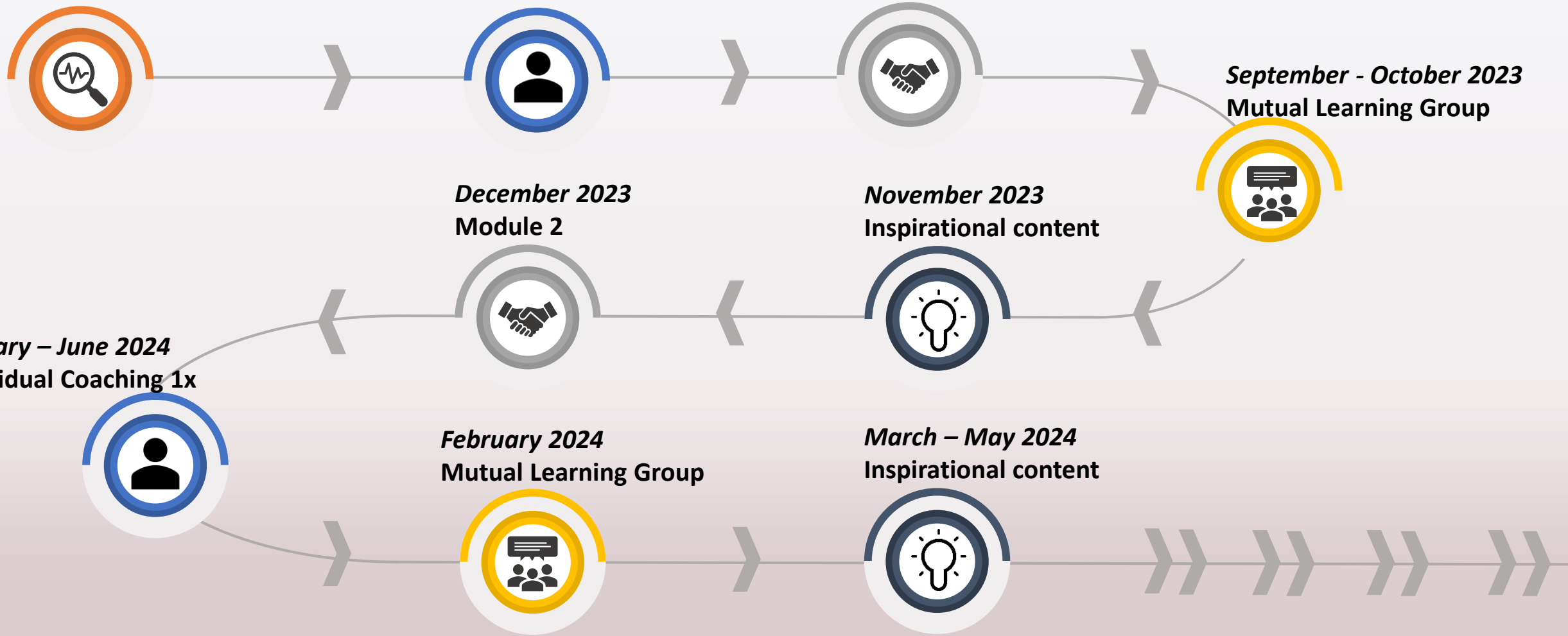
November 2023
Inspirational content

December 2023
Module 2

January – June 2024
Individual Coaching 1x

February 2024
Mutual Learning Group

March – May 2024
Inspirational content



Public Health and Care Research Leadership Programme

June/July 2024
Module 3

July – September 2024
Individual Coaching 1x

October 2024
Mutual Learning Group

November 2024
Inspirational content

December 2024
Module 4

January – June 2025
Individual Coaching 1x

February 2025
Mutual Learning Group

March - May 2025
Inspirational content

June/July 2025
Graduation Cohort 5

Modules

Module 1 Leading yourself and others

Day 1	Welcome, acquaintance, meeting coaches, dinner speaker
Day 2	Buddy breakfast
	Shape your own leadership role and understand leader-follower dynamics. Cultivate a pro-active and assertive attitude regarding your own career
Dag 3	Develop and share your research vision, master storytelling and customized pitching with impact

Module 2 Entrepreneurial mindset

Day 1	Welcome, dinner speaker
Day 2	Buddy breakfast
	Develop your entrepreneurial spirit and passion for public health research
Day 3	See and create opportunities in research with societal impact
	Research integrity Publication strategies
	Understand the funding landscape and develop your ability to address priorities of funding agencies

Participants will prepare for the modules through readings and short assignments

Modules

Module 3 Building teams, navigating the network

Day 1	Welcome, dinner speaker on triple helix partnerships in research
Day 2	Buddy breakfast Develop skills to manage complexity: perspective taking, negotiation, influencing and persuasion skills
Day 3	Understanding team dynamics and leading effective teams

Module 4 Leading change

Day 1	Welcome, dinner speaker topic tbd by group
Day 2	Buddy breakfast The meaning of change, understanding different change processes and approaches
Day 3	Leading change and developing higher level strategic thinking to navigate change in an agile manner

Participants will prepare for the modules through readings and short assignments

Learning goals of the programme

To become a leading researcher in the public health / care research domain requires more than being an excellent scientist. In addition to acquiring competences concerning content, you also need knowledge, skills and tools to understand and manage the context. This implies -all in the public health and care research context-:

- **Being able to lead yourself and others**
  - Shape your own leader role and understand leader-follower dynamics, cultivate a proactive attitude towards your own career, your organization and society, develop and share your research vision and social impact, build your presence for different audiences and strengthen your visibility as a leader, master storytelling and customized pitching with impact.
- **Developing an entrepreneurial mindset and creativity**
  - Grow your entrepreneurial spirit, see and create opportunities for research (grants), understand the funding landscape and societal impact, further develop your passion for public health and care research.
- **Building effective teams and skills to navigate the network**
  - Develop skills to manage complexity, understand and effectively lead team dynamics. Know how to connect science to practice, strengthen your international network and be visible in it.
- **Knowing how to lead change**
  - Understand different change processes and your role within them. Develop higher level strategic thinking to navigate change in an agile manner.