

The **Three Minute Thesis (3MT<sup>®</sup>)** is an academic research communication competition developed by The University of Queensland (UQ), Australia. Currently, 3MT<sup>®</sup> is held in over 900 universities in more than 85 countries. We are thrilled to announce that in 2024, the **Vrije Universiteit Amsterdam** will host the **Three Minute Thesis (3MT<sup>®</sup>)** competition for the first time.

3MT<sup>®</sup> celebrates the innovative research of PhD candidates, enhancing their academic, presentation, and communication skills by challenging them to explain their work in just three minutes to a non-specialist audience.

This document aims to provide all necessary information regarding the **3MT<sup>®</sup> competition at VU**. You can also visit the [FAQs section](#) of the official 3MT<sup>®</sup> website. Should you have any further questions or require additional details, please do not hesitate to reach out to [a.a.vidaltriago@vu.nl](mailto:a.a.vidaltriago@vu.nl) or [l.voordewind@vu.nl](mailto:l.voordewind@vu.nl)

## Eligibility

Active PhD candidates who have successfully passed their confirmation milestone (including candidates whose thesis is under submission) by the date of their first presentation are eligible to participate in 3MT<sup>®</sup> competition. Graduates are not eligible.

## Timelines

- **Expression of Interest (EOI) Submission Deadline:** September 15, 2024.
- **Training and Q&A Session:** Participants will be invited to a SciComm and training session in the last week of September at the Library Lounge, VU Library (date to be confirmed).
- **Preliminary Rounds:** Each Faculty/Graduate School will hold a preliminary round between the last week of October and the first week of November to select one finalist.
- **Final Event:** The finalists will compete in the final event (on-campus venue to be confirmed) in the last week of November.



## Prizes

During the final event, cash prizes will be awarded to the winner, the runner-up, and the audience's favourite presentation.

- **1st Place:** €600.
- **Runner-up:** €400
- **Public's Choice:** €300

## Rules

- Presentations are limited to 3 minutes maximum and competitors exceeding 3 minutes are disqualified.
- Presentations are to be spoken word (e.g. no poems, raps or songs).
- Presentations are considered to have commenced when a presenter starts their presentation through either movement or speech.
- A single static PowerPoint slide is permitted. No slide transitions, animations or movement) and is to be presented from the beginning of the oration.
- No additional electronic media (e.g. sound and video files) are permitted.
- No additional props (e.g. costumes, musical instruments, laboratory equipment) are permitted.
- The decision of the adjudicating panel is final.

By participating in the 3MT® competition, you are taking a significant step towards enhancing your research communication skills and contributing to the research culture at VU Amsterdam.

**We look forward to your participation and wish you the best of luck!**

Organised by:

